



ACCOLADES: Thorndon's Skin Therapy therapists Helen Daly (left) and Rachel Robertson.

Photo: Kate Bleasdale / CCN060711KBskin

# Clinic among best in NZ

■ Kate Bleasdale

A small skin treatment clinic in Thorndon has proved its worth on a national stage.

At the New Zealand Beauty Therapy Awards, held earlier this month, Skin Therapy on Tinakori Road was named one of the top five clinics in the country.

Skin Therapy owner/operator Rachel Robertson was named Top Therapist for 2011.

Fellow therapist Helen Daly was also named in the top five therapists.

Ms Robertson says it's extremely rare for two therapists from the same clinic to be named in the top five in the same category.

Of her own accolade, she says it's "fantastic".

"It's a big achievement."

The clinic has been on Tinakori Road for almost five years.

The team works hard to

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RACHEL ROBERTSON  
Owner/operator

provide advanced skin care for their clients, which includes treating skin disorders and advanced anti-ageing.

Ms Robertson says they are also aware of continuing their training, although she and Ms Daly already boast 25 years' combined experience.

"The reason why Helen and I are so big on keeping up with training is it's changing all the time.

"What was thought to be best five or seven years ago is not the case now."

Both Ms Robertson and Ms Daly have diplomas in advanced

skin analysis and cosmetic chemistry, which teaches therapists to break down ingredients in products and look at what each individual ingredient does for skin cells as well as on the surface.

Ms Robertson says completing the cosmetic chemistry diploma gave her the "kick" she needed to go ahead with producing her own skin care line.

"It gave me an eye-opener that there are some not very good products in the market."

Last year an Omega 3 treatment oil was released and Ms Robertson says they hope to have four more items in the Prologic range released in early August.

"The focus is that the ingredients have to have a different effect on the skin cells and function."

She says the name is a combination of the idea of educating clients about what they're using, and the logic behind the science of the

ingredients.

All too often, Ms Robertson says Skin Therapy is a last port of call for people who have already spent hundreds of dollars over the counter on skin treatments that haven't worked.

She believes it should be the other way around.

"We do educate clients about how different cells work and what they can do at home and what they need to do to function properly."

Because they are a small clinic, she says they can work to provide their clients with individual treatments, with help from advanced skin analysis equipment.

"I think we go that extra mile for our clients and our customer service is something we've worked on in the past 12 months."

Skin Therapy is located at 1/310 Tinakori Road.

■ More info: [skintherapy.co.nz](http://skintherapy.co.nz) or 473 7873.